

# Seekers Volleyball Camp 2016

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## We Come For The Treats !



No, that's not completely true, but the treats sure help keep us happy during the day.

We'd like to take this opportunity to thank all of the parents and campers who have made this such a super two weeks of summer camp. We expected to be finished with our camps by now, seeing that we haven't coached Seekers teams for a dozen years or so. Years ago, we were the only camp in town but now there are many other clubs offering summer programs for our area athletes. Once again, we have filled our camp and can now plan for another year. As long as our camp is viable, we'll keep returning for a couple of fun summer weeks.

On the next page, we'll talk a little about our past and the reason for teaching skills in a way different from most other clubs.

Best wishes to all of you for a fantastic summer. We'd love to see you again next year.

# Success doesn't come easily . . .

For our early years, we learned as much as we could from other coaches and did things the way they did. We did well but had a ceiling. As our club policy was that every player would play in every match, including provincial and national championships, we realized that we needed more.

We took what we knew and worked to modify techniques and tactics to give us an edge on the competition. We found what worked better and learned all we could about other teams so we could prepare specifically to help us attack their weaknesses. Over the years, we developed many new skill strategies which we have passed on to our campers. We know that their school and club coaches may say "That's wrong" but that's something we can live with. Little do they know that our different techniques were the boost we needed to take us over the top. Before long, we were recognized as one of the top clubs in North America. We went on a run of 19 Provincial championships and 51 top three finishes as well as 9 Canadian championships and 19 top three finishes. When someone questions our techniques, we explain the development behind them and explain that this was the key to our success. We haven't had many follow our ways but it's hard to argue with the record during our past dozen years or so of competition. One of our biggest supporters was Mark Heese, Canadian Olympic Beach Volleyball medalist who uses our forearm passing method.

## Forearm Pass

The Seekers Pass was developed in the early 90's. We were looking for a way to help the players pass to the right of the court where the setter is usually situated. We realized that the left arm had to be higher than the right in order to get the right rebound. After many attempts, we found that if we rotated the left arm so that it faced upwards, then grab the right thumb with the right hand facing downwards, the platform was automatically adjusted so the balls would rebound to the right. After much practice, the players were able to use their left thumb (extended out) to initiate the direction in which the ball would travel. That was it. Easy to do and very successful. Simple explanation, but we're sure you catch on. This works whether the ball is on your left side or right.



**Thanks for the demo, Annie!**



If any of you are interested in learning more about this passing style or about any of our different techniques, just send an email and we'll be happy to oblige.

Also, if any of you are involved with volleyball teams and would like to have us drop in for a clinic, we're available for most of the year. We'll be happy to help.

This is included in this newsletter as a few of our campers let us know that their coaches were telling them that we were not teaching properly. Again, proof is in the pudding!

# Week One and Week Two Photos . . .

Mr. Burns has been quite busy, uploading our daily photos to our spot on DropBox. If you'd like to have a look, you can link from our website at [www.seekersvolleyball.com](http://www.seekersvolleyball.com) or just use the following links.

Week One :

<https://www.dropbox.com/sh/lzvo4uejldu314r/AAC-sb-giNxTRmWW3iD179VCa?dl=0>

Week Two :

<https://www.dropbox.com/sh/g6rhkh7y0uhf6k0/AABEviBlgiYd4QNbZNiMK3aQa?dl=0>

If you decide to use DropBox yourself, you can sign up at our site. This will give us a DropBox bonus, giving us more room to be able to post more pictures at a higher resolution.

## A few of our early week photos . . .



### Summer Camp Staff 2016

Andy Burns, Mike Campanella, Jerry Crapsi, Frank Lilliman, Rob Luciani, Bob Peet, Kathleen Tyrer

Amanda Bruzzese, Alyssa Wereha, Cassandra Darby, Eliana Mejia, Jenna Frank, Jessica Tristani, Jordan Geerts, Michaela-Ray Scornienchi, Olivia Rosewell, Tabitha Doan, Victoria Orfei

**Thanks for helping us enjoy two great weeks of Seekers Summer Camp.**